



NAMASTE
-healing-

Client Information

Name			
Address			
City, State, Zip			
Phon	Home	Work	Mobile
Email			
Website			
Date of Birth			
Interests, likes, hobbies			

What I need to understand about you...

Please describe your BIGGEST vision for your life and business

What have you done that has created success for you up to this point?

List the things you have tried but didn't produce the results you desired?

Where are the blocks or obstacles in your way of creating the success you desire?

How able are you to fully commit to make the changes necessary to grow yourself and your dream?

Coaching Client Agreement

Is there anything else I should know in order to be able to be the best coach/partner for you?

Have you had coaching before? With whom and what was the result?

What is the intention or goal in working with a coach right now?

What is the priority focus for the next 90 days? Please identify anything you feel HAS to be addressed immediately.

What is your one year goal?

Are there skills, behaviors or beliefs that need to be different in order for you to achieve these goals?

How will you know our work has been successful?

What do I need to know about you to ensure our relationship is successful?

Why did you choose to work with me?

Life Coaching Program

The following benefits are included in the Coaching Program.

- ✓ You have bought a 5-session package. All sessions should be completed within 60 days of your first session. Weekly sessions are ideal.

These calls will break down your action steps, strategies, and get you focused and moving forward in achieving your goals. We will also be tracking your mindset and moving to clear any blocks that are interfering with you.

- ✓ Recordings of all your coaching calls
- ✓ Unlimited email access – send over a quick question/idea you have.
- ✓ Discount on all programs or products as long as you are a Client.

Terms of Agreement

I, _____ agree to participate fully in Coaching with Lorie Michaels. I have purchased a package of sessions for \$625.

I understand that it is my responsibility to book my appointments and stay committed to the coaching process.

I further agree that I will:

- Show up prepared to be coached.
- Share with Lorie anything that may be influencing me or the business.
- Always remain open and honest with Lorie.
- Be in action and be coachable, in terms of trying new things.
- Take responsibility for completing the prep form and setting goals for each call.

As your Coach, I, Lorie Michaels will:

- Continually hold your vision.
- Remain on the lookout for places where you have a blind spot
- Help keep you focused on your goals and outcome
- Always communicate to you with respect
- Help you raise the bar and grow into your choices
- Help discover patterns that are not serving you and release them

Completion and Termination:

You are asked to commit to this program for at least 30 days. If, after 30 days you decide it's not what you had expected, I'd ask that you and I have a conversation to discuss this.

Name _____

Signature _____

Date _____